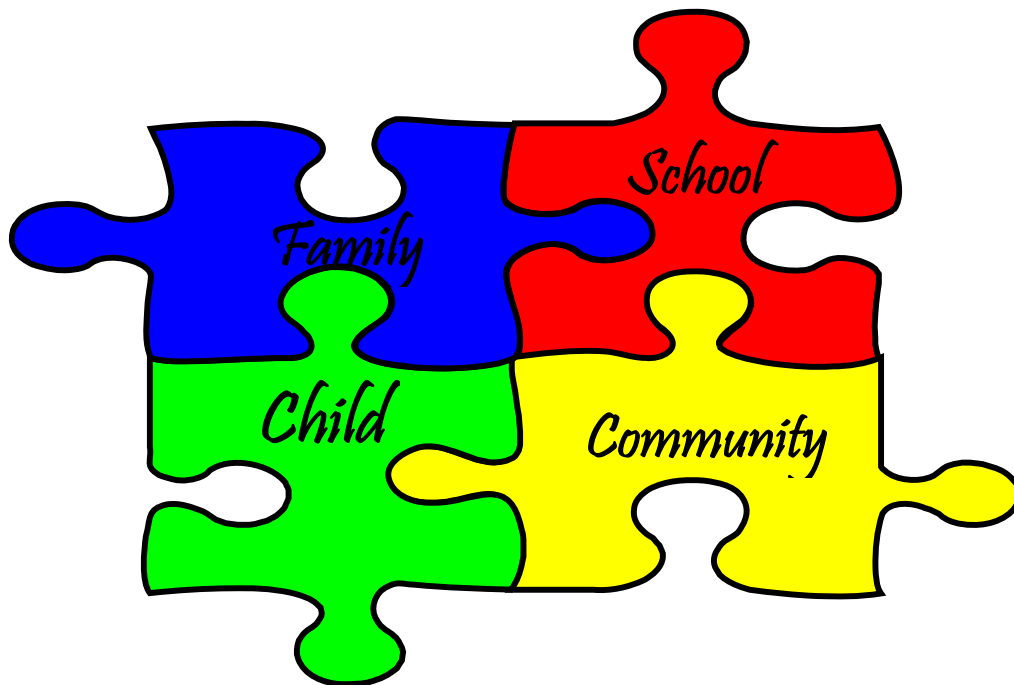


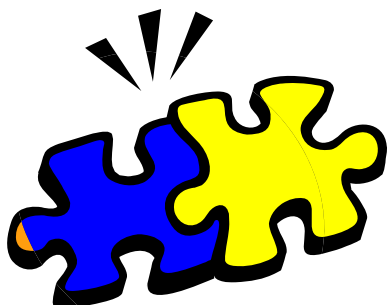
4th Annual Conference

Piecing It All Together:

*How Children's Mental Health & Mental Illness
Affect Family, School, & Community*



*October 27 & 28, 2006
The Fountains Conference Center
Fairview Heights, Illinois*



WELCOME!

*We are excited about this year's
Piecing It All Together Conference
We appreciate your interest in attending.*

- To register, fill out the registration form – one per attendee. You may copy the registration form as needed. Mail your completed registration by **October 10, 2006** to the attention of:

NAMI Madison County/PIAT Registration
2100 Madison Ave.
Granite City, IL 62040

- Registration will be taken on a first-come, first-serve basis, limited to 300 participants. If the conference is filled, you will be placed on a waiting list. Do not assume automatic acceptance. An e-mail or confirmation postcard will be sent to each attendee.
- Registration includes both days of the conference, continental breakfast and lunch each day.
- If you have already registered and are unable to attend the conference, please contact Glyn or Mary at 618-798-9788 or e-mail: NAMI-PIAT@hotmail.com, so that your space may be given to another attendee. **NO REFUNDS WILL BE GIVEN AFTER OCTOBER 10th.**
- Technical assistance or special accommodations will be provided upon request. Please indicate your needs on the registration form.
- Certificates of Attendance with contact hours will be provided. Several collaborating entities are approved sponsors of continuing education for teachers, speech and language pathologists, social workers, early intervention providers, occupational therapists, physical therapists, childcare providers, foster parents, licensed clinical professional counselors, and school psychologists. Participants can earn up to 12 hours of continuing education credits.

Hotel Information

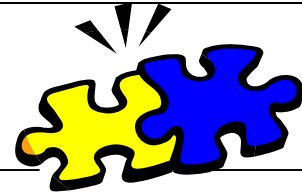
There are a number of hotels in Fairview Heights. A block of rooms has been reserved at the Four Points Sheraton in Fairview Heights at the rate of \$70 (room w/o tax). For reservations, please call 800-325-3535 or 618-622-9500 or [/www.fourpoints.com](http://www.fourpoints.com) and request the Piecing It All Together Conference rate. **You must call before September 26, 2006 for the conference rate.**



Directions:

The Four Points Sheraton Hotel / Conference Center is located off I-64 and Hwy 159 in Fairview Heights, Illinois, just north of the St. Clair Square Shopping Mall. The address is 319 Fountains Parkway, Fairview Heights, Illinois 62208.

Keynote Speakers



Friday, October 27, 2006



William Stillman is the author of *Demystifying the Autistic Experience: A Humanistic Introduction for Parents, Caregivers and Educators* (2002) that has been highly praised by the autism and self-advocacy communities. His other books include *The Everything Parent's Guide to Children with Asperger's Syndrome: Help, Hope and Guidance* (2005), *The Everything Parent's Guide to Children with Bipolar Disorder: Professional, Reassuring Advice to Help You Understand and Cope* (2005), and *Autism and the God Connection* (2006). Bill also writes a column, "Through the Looking Glass," for the national quarterly publication *The Autism Perspective*, and is on that magazine's advisory board.

As an adult with Asperger's Syndrome, a mild "cousin" of autism, Stillman's message of reverence and respect has touched thousands nationally through his acclaimed autism workshops and private consultations. Stillman has a B.S. in Education from Millersville University in Pennsylvania, and has worked to support people with different ways of being since 1987. In his work to support those who love and care for individuals with autism and Asperger's Syndrome, Bill sets a tone for our collective understanding of the autistic experience in ways that are unprecedented. Autism should not be defined as an "affliction endured by sufferers," but as a truly unique and individual experience to be respected and appreciated by all. In so doing, Bill highlights the exquisite sensitivities of our most valuable, wise and loving "teachers."

Fostering Self-Advocacy - Keynote - 9AM-10AM

The speaker will discuss ways to support people with disabilities and autism to independently meet their needs and defend their rights, especially where mental health experiences are concerned. Discussion will include the speaker's formation of the Pennsylvania Autism Self-Advocacy Coalition and opportunities and strategies to foster self-advocacy.

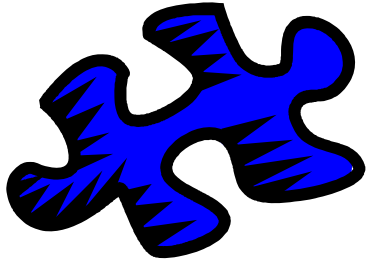
Saturday, October 28, 2006

C. Alex Pollard, Ph.D. is the Director of the Anxiety Disorders Center (ADC) at Saint Louis Behavioral Medicine Institute and Professor of Community and Family Medicine at Saint Louis University. He is Chair of the Clinical Advisory Board of the Anxiety Disorders Association of America, a member of the Scientific Advisory Board of the Obsessive Compulsive Foundation, and a consultant for the NIMH Anxiety Disorders Education Project. He serves on the editorial board or as a reviewer for numerous journals and has organized national training programs for ADAA and OCF. Dr. Pollard has authored 85 professional and scientific publications pertaining to anxiety disorders and related topics, including two books, *Dying of Embarrassment: Help for Social Anxiety and Phobia* and *The Agoraphobia Workbook*. His primary research interest is the nature and treatment of refractory anxiety disorders.



The Far-Reaching Costs of Untreated Anxiety Disorders: Everyone Pays - Keynote- 9 AM-10 AM

Anxiety disorders are highly prevalent and often disabling. Yet, these conditions continue to be under-treated in this country. The negative impact of inadequately treated anxiety extends well beyond the primary victim, including strains on the healthcare system, greater absenteeism and impaired performance in academic and work settings, and substantial burdens experienced by family members and friends. The problem is particularly disconcerting since most anxiety disorders are treatable. This presentation will describe the various costs of untreated anxiety disorders, outline some of the reasons these disorders often go untreated, and review efforts currently underway to address the problem.



Friday
October 27, 2006
Sessions

9:00AM-10:00AM Keynote

Fostering Self-Advocacy – William Stillman, B.S. Ed.

The speaker will discuss ways to support people with disabilities and autism to independently meet their needs and defend their rights, especially where mental health experiences are concerned. Discussion will include the speaker's formation of the Penn. Autism Self-Advocacy Coalition and opportunities and strategies to foster self-advocacy.

10:15AM-11:45AM Sessions (three to choose from)

The World Needs Autism – William Stillman, B.S. Ed.

In the context of this discussion, "autism" will be a metaphor to include many persons with developmental differences. The speaker will describe his perception of a global shift toward selfishness and competitiveness and how persons with disabilities hold the key to reverence and respect.

Frustrated You; Frustrated Me: Sensory Integration Strategies/Interventions Part 1 –Trish Miller, M.A.

Trish has worked in pediatrics in the metro area for 10 years and owns Hand to Hand Pediatric Therapy. She's an early intervention state evaluator, provides direct service, and consults with schools.

This friendly workshop is designed for parents, caregivers, teachers, and other professionals living or working with children who have frustration or challenging behaviors with daily tasks and activities. The goal is to provide the audience with brief information on sensory integration dysfunction/neurological aspects, overview the sensory system, indicators of sensory dysfunction, and why some behaviors have been created.

An Overview of Mental Illness in Children – Darrin Friesen, M.D.

Dr. Friesen, M.D. is a psychiatrist in private practice specializing in child and adolescent psychiatry. He serves as a consultant to the St. Louis County Special School District and as medical director at Epworth Children's Home.

1:00PM-2:30PM Sessions (three to choose from)

Self-Injury: Understanding the Phenomenon – Kammie Juzwin, Ph.D.

K. R. Juzwin, Psy.D. is a Clinical Psychologist and Director of the Self-Injury Recovery Services programs at Alexian Brothers Behavioral Health Hospital. She has worked with clients with complex issues of self-injury, eating disorders and trauma for more than 15 years. She is a core faculty member at Argosy University/ISPP-Schaumburg.

This presentation will address a number of topics related to self-injury, including understanding what self-injury is, why people engage in this behavior, and its relationship with suicide, developmental issues and other problems.

Understanding the intervention approach will be briefly addressed. Dr. Juzwin is featured on the CNN video (to be shown at the 2:45 session), along with the Hatz family regarding self-injury.

Frustrated You; Frustrated Me: Sensory Integration Strategies/Interventions Part 2 - Sue Brown

Sue is an occupational therapy assistant working in pediatrics in the metro east area. Sue has presented over 65 workshops on Down syndrome, sensory integration dysfunction and other topics.

This is Part 2 of the Sensory Integration Strategies/Interventions Workshop.

From The Perspective of A Mother: The Myth of Closure – Linda Carroll Barraud, M.S., LPC, LMFT

Linda was adopted at birth, raised in San Francisco and only later discovered that her biological mother is the writer Paula Fox. Married at 18 and twice more before she was thirty, she is now the mother of five grown children, including singer/songwriter Courtney Love. She is a therapist and writer and lives in Corvallis, Oregon with her husband of seventeen years. Linda is a gentle and direct therapist who sees life's struggles and difficult passages as opportunities to deepen ourselves and better understand our life's meaning. Linda received a master's degree and completed all course work toward a doctorate in counseling from Oregon State University.

In the 60's and 70's, when Linda was raising her daughter Courtney Love, little was known about neurobiology and biochemistry, and most childhood behavior problems (including insomnia) were attributed to bad mothering. In this session, she will describe her experience of living with a child with the temperamental features of early-onset bipolar disorder or mood swings including the struggles with doctors, schools, family members, siblings, etc. Linda will read from her memoir, "Her Mother's Daughter", and talk about the process of mourning (and surviving) a child who is very much alive, is a prominent public person, and whose illness is often displayed on television and in gossip columns.

2:45PM-4:15PM Sessions (three to choose from)

Self-Injury, A Personal Viewpoint – Debra Hatz & Jennifer Hatz

Debbie Hatz is a wife and mother of three children. Her middle daughter, Jennifer, was diagnosed with major depression and self-injuring at the age of 14. Following treatment for the self-injuring, Debbie and Jennifer were interviewed by CNN and their story aired in September 2004 on "Anderson Cooper 360". Debbie and Jennifer joined with NAMI DuPage in the fall of 2004. Since that time Debbie has shared her story with church youth groups, teachers, counselors, nurses, parents at middle schools and high schools, psychology students at Midwestern University and DePaul University, and University of Illinois continuing education seminars for health care workers and therapists.

Come hear the story of a mother and daughter as they tell the experiences of home, school and community. Listen as Debbie tells Jennifer's battles with self-injury and how as a family they found help. You will see a CNN video that features them with Anderson Cooper as they describe what it was like to go through self-injury. Dr. Juzwin who does the session prior to this is also featured on the CNN video. Jennifer is very open about answering questions. So come prepared to "pick" her brain to understand what a child is going through when they are in the midst of this and how it should be handled.

Family & Friends: Strategies for Coping with Mental Illness - Tom & Fran Smith with Kevin Smith

Tom and Fran Smith are the parents of Karla Smith who had bipolar disorder for seven years before she committed suicide in January of 2003. Kevin Smith is Karla's twin brother. Fran Smith is a retired teacher and principal who now volunteers as a tutor and spends many hours implementing the mission of the Karla Smith Foundation, the family foundation in memory of Karla. She is a certified alcohol and drug counselor. Tom Smith works part time for the Catholic Diocese of Belleville as the Diocesan Coordinator of Planning. He holds degrees in Theology and Teaching. Kevin Smith is a consultant for Accenture, the world's largest consulting firm. Tom, with Kevin and Karla, recently published "The Tattered Tapestry", a book describing the family's experience with Karla's bipolar disorder and suicide.

The Karla Smith Foundation believes that loving someone with a mental disorder creates an imbalance in the lives of everyone involved. They will share nine strategies to offer hope for a balanced life for the family and friends of someone with a mental disorder.

From the Perspective of a Therapist: Living with Powerlessness – Linda Carroll Barraud, M.S., LPC, LMFT

In this session, Linda explores her personal understanding of Spirituality in dealing/living/and working through the challenges and hardship with a child, adolescent and adult who has a mental disorder. She shares her study and search of an extensive blend of interpersonal communications skills, traditional and contemporary psychological philosophies and therapies. Linda also will discuss the merits and limitations of these when a family member has mental illness, and the importance of transpersonal psychology in the face of helplessness. She discusses how parents and caregivers can find care for themselves and make some sense out of what seems senseless.



Saturday
October 27, 2006
Sessions

9:00AM-10:00AM Keynote

The Far Reaching Costs of Untreated Anxiety Disorders: Everyone Pays – C. Alec Pollard, Ph.D.

Anxiety disorders are highly prevalent and often disabling. Yet, these conditions continue to be under-treated in this country. The negative impact of inadequately treated anxiety extends well beyond the primary victim, including strains on the healthcare system, greater absenteeism and impaired performance in academic and work settings, and substantial burdens experienced by family members and friends. The problem is particularly disconcerting since most anxiety disorders are treatable. This presentation will describe the various costs of untreated anxiety disorders, outline some of the reasons these disorders often go untreated, and review efforts currently underway to address the problem.

10:15AM-11:45AM Sessions (Three to choose from)

Helping the Family & Friends of Individuals with Anxiety Disorders – C. Alec Pollard, Ph.D.

This session will provide participants an opportunity to discuss the challenges they encounter living and interacting with a person with anxiety disorder. Dr. Pollard will suggest ways participants can support the individual's recovery and outline strategies for promoting the emotional well-being of the entire family.

Depression in Preschoolers – Jennifer Pautsch, M.A., LPC

Jennifer has over 5 years of clinical experience treating families and children. She currently oversees the clinical research mental health assessments in a multi-disciplinary preschool research program at Washington University School of Medicine, headed by Dr. Joan Luby.

Traditionally, there has been significant resistance to the practice of diagnosing preschoolers with psychiatric disorders. While there are reasonable concerns surrounding this issue, diagnosis and intervention during the preschool period offers unique promise for the developmental trajectory of each child affected. Empirical evidence now demonstrates that preschool depression is characterized by identifiable markers. This presentation will explore both the resistance to early diagnosis as well as the hope that it offers. Participants will learn the symptoms of preschool depression, as demonstrated by current research at the Early Emotional Development Program at Washington University School of Medicine. Outcomes for children suffering with this illness are greatly improved when collaboration between parents and clinicians exists through each phase of assessment, diagnosis and treatment. The roles of each will be examined.

Alternatives to Expulsions – Madison Student Support Center, A Panel Discussion with Elizabeth Miller, M.A., Betsy Goodman, M.Ed., Victoria Casady, M.Ed., Melissa Schuchart, B.S.

Madison Student Support Center is located in Madison, Illinois, a small industrial city of 4,500 people near the St. Louis Metro East. The Student Support Center was developed to assist students who have exhibited behaviors that interfere with their ability to succeed in the traditional school setting. Students acquire pro-social skills that will enable them to be successful in their home schools. At the same time, academic instruction ensures that the learning process is uninterrupted.

This presentation will review strategies and interventions that are currently being utilized at the Madison Student Support Center to increase attendance, pro-social skills and academic achievement.

1:00PM-2:30PM Sessions (Three to choose from)

Walking on Egg Shells - Parent Panel: Kim Adams, Facilitator

Learn from the "experts" of the daily challenges facing families who live with a child with mental disorder(s) or illness. You will be encouraged to learn more about mental disorders and illnesses in order to get to know the children as INDIVIDUALS and to keep an open, trustful communication with families. This session is important not only to parents, but to school administrators, support staff and teachers so they can all work together to provide support and the best education possible.

Special Needs Trust - Suzanne Cahalan, J.D.

Suzanne Cahalan maintains a law practice from her home in DuPage County, IL, consisting of Probate Court work, estate planning, guardianship and consulting for families of persons with disabilities. Her 18-year old daughter has bipolar disorder and, as an Individual Care Grant (ICG) recipient, was placed in residential care for two and a half years until graduating from high school in 2005. She frequently speaks to groups for NAMI of DuPage County.

If you have a child of any age who will require special care, has ongoing health concerns or receives income from governmental agencies, this seminar will help you identify the best way to provide for that child without disinheriting him/her while at the same time providing for your other children. We also will discuss what to do if your special needs child inherits property from another relative or friend, or receives monies from a lawsuit or retroactive benefits from a disability program. Learn about special needs trusts, pooled income trusts and OBRA trusts. Topics also covered will include powers of attorney and advanced directives for mental health care and the "spend down" requirements for Social Security and Medicaid eligibility.

Grief & The Mental Illness Experience – Fred Miller, M.D., Ph.D.

Dr. Miller is the Chairman of the Department of Psychiatry and Behavioral Sciences at Evanston Northwestern Healthcare. He has launched a unique mental health anti-stigma program for teens and young adults called “There’s No Such Thing as Crazy”, consisting of films, a website, and musical performances. Dr. Miller presented this at last year’s PIAT conference. To access his website: www.nosuchthingascrazy.com

Many caregivers and patients themselves experience deep emotional reactions to the occurrence of mental illness. Key among these is grief. Parents grieve the loss of specific hopes and aspirations both for their children as well as themselves. Losses associated with mental illness have been termed, “ambiguous losses” in that the person is still present but not in the same way. It is important to identify ongoing grief and to address typical grief reactions and phases so that the person does not remain “stuck”. This talk will explore the concept of ambiguous loss and supply case examples. Typical grief reactions as well as the needed “tasks of grieving” will be discussed. Audience participation will be encouraged to help bring relevancy to this discussion.

2:45PM-4:15PM Sessions (Three to choose from)

Grab Bag! Strategies & Interventions to Assist Troubled Youth - Tracy Ross, M.A., LCPC

Residential Counselor for Evangelical Children’s Home and Don Bosco Children’s Home; Prevention Specialist for Chestnut Health Systems; Child Therapist for Gateway Regional Medical Center, B.S. Psychology, Culver Stockton College.

This presentation will provide parents and educators with an assortment of proven interventions and strategies to deal with a child’s difficult behavior. Through interactive activities, individuals will be forced to evaluate the relevance of working together as a team compared to working on issues alone.

Solving the Puzzle of Young Children’s Inappropriate Behaviors – Elizabeth Frisbie, M.A., M.S. Ed.

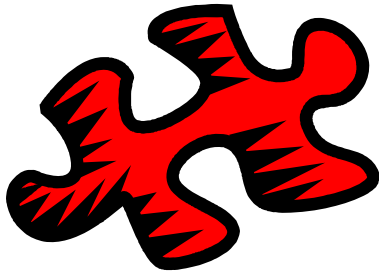
Elizabeth is a child behavior specialist and school intervention consultant in private practice in Edwardsville, IL. She holds master’s degrees in clinical psychology and education and has worked with children, their parents and teachers for more than 15 years as a behavior specialist, psychotherapist and educator.

This workshop explores the underlying meaning of young children’s inappropriate behaviors and focuses on choosing developmentally appropriate interventions based on the function of the behavior. Professionals and parents working together as a team to support the youngster through positive intervention will also be emphasized.

Determining Special Education Eligibility for Children with Brain Disorders -- Fannie Griffin, Alesia Grigg, and Deb Tracy

Fannie Griffin has presented at the Piecing It All Together Conference in the past and has given several workshops on mental illness in children. She has 20 years’ experience as an itinerant school social worker. **Alesia Grigg** has over 20 years’ experience as a school psychologist and teaches college level classes. **Deb Tracy** has many years experience teaching in a self-contained classroom and as an itinerant teacher for students with emotional disorders.

The presentation will walk the audience through the process of how children are determined to be eligible for special education services with an emphasis on brain disorders. The purpose is to demystify the Individual Education Plan staffing and qualification process to provide parents with “inside information.” Each presenter will give a simple description of how their particular discipline evaluates a child, including which assessment tools are used and why. The school psychologist will discuss IQ testing, achievement testing, behavior assessments, classroom observations, student self-reporting, and teacher input. The school social worker will discuss the health history component, social developmental study, adaptive behaviors, and the importance of parent input. The behavior specialist, also known as collaborative teacher, will discuss behavior rating instruments and student input.



Conference Schedule

8:00-9:00

Registration/Continental Breakfast (FRI)

8:30-9:00

Registration/Continental Breakfast (SAT)

Friday, October 27th

9:00 - 10:00 Keynote Speaker
10:15 - 11:45 Workshop Session 1
12:00 - 12:45 Lunch
1:00 - 2:30 Workshop Session 2
2:45 - 4:15 Workshop Session 3

Saturday, October 28th

9:00 - 10:00 Keynote Speaker
10:15 - 11:45 Workshop Session 1
12:00 - 12:45 Lunch
1:00 - 2:30 Workshop Session 2
2:45 - 4:15 Workshop Session 3

Agency and organization exhibits will be available during the conference. A hospitality room will be available for conference attendees. We are also proud to present a silent auction of children's artwork. Proceeds will go to individual artists and toward parent scholarships.

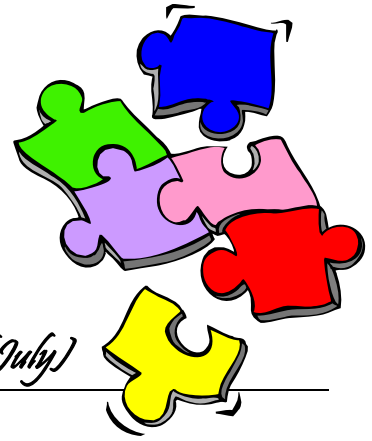
Piece of Mind Books will have a selection of resources by our featured presenters as well as supportive materials dealing with children's mental health.

Exhibitor tables may be reserved for anyone interested in sharing pertinent material with conference participants. Table spaces are limited. Contact: Chris Hendrix for details at cmhendrix@ccnmc.org



*We proudly recognize our
Collaborators/Sponsors
of the 2006 Piecing It All Together Conference*

(As of July)



Alexian Brothers Hospital
Alton Community Unit School District #11
Chestnut Health Systems
Children's Home and Aid Society of Illinois (CHASI)
Community Counseling Center of Northern Madison County
Family Life Consultants (Collinsville, Staunton & Vandalia)
Family Matters Parent Training and Information Center
Gateway Regional Medical Center (Granite City)
Healthy Child Care Illinois Region XIV
Illinois Association for Infant Mental Health
Illinois Family Partnership Network (IFPN)
**Illinois State Board of Education Support & Technical Assistance Regional Network
(STAR NET Regions IV)**
LINC – Living Independently Now Center, Inc.
Madison County 708 Mental Health Board
**Madison Community Unit School District #12
(Madison Student Support Center)**
National Alliance for the Mentally Ill Madison County
National Alliance for the Mentally Ill Greater Belleville Area
Parents and Families of Children with Mental Illness
Riverbend Head Start and Family Services
St. Clair County 708 Mental Health Board
St. Clair County Health Department
Wabash and Ohio Valley Special Education District (WOVSED)





Mail this registration form by October 10th

*4th Annual Piecing It All Together Conference
October 27 & 28, 2006
The Fountains Conference Center
at the Four Points Sheraton, Fairview Heights, IL*

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

HOME PHONE: _____ WORK PHONE: _____

E-MAIL: _____ COUNTY: _____

Special Accommodations required: _____

Optional information for program/event planning to serve your needs:

(circle all that apply)

- I am the parent - grandparent - foster parent - guardian - of a child with mental illness.
- I am a medical - mental health professional.
- I am an educator – school social worker – school psychologist – administrator.
- I am a child care provider
- Other _____



If you have a child with a mental illness, please answer the following:

Male Female Age(s): _____

Major or primary mental illness: ADD/ADHD Bipolar Disorder ODD Anxiety Disorder
 Depression Schizophrenia Tourette's OCD Eating Disorder
 Autism Sensory Integration Dysfunction Other _____

Registration Fees (Check One):

FAMILY MEMBER/CAREGIVER \$50.00

PROFESSIONAL \$125.00

Please make check or money order payable to:

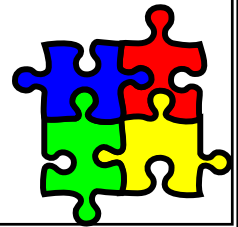
NAMI Conference Fund
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Granite City, IL 62040



(NO REFUNDS AFTER OCTOBER 10, 2006)



NAMI/PIAT Registration
2100 Madison Avenue
Granite City, IL 62040



4th Annual Conference

Piecing It All Together

*How Children's Mental Health & Mental Illness
Affect Family, School, & Community*